

WORKING WITH SMALLER PROGRAMS

We know that having a larger number of players at practices is ideal, but sometimes our locations will have a smaller number due to lower registrations or attendance variables. Do not fret! There are many ways that you can still have an amazing practice and provide an impactful experience. Here are just a few ideas to help you maximize your time at practice and ensure everyone has a great experience.

BRING A FRIEND

Encourage players to bring a friend to practice. The friends can come and try it out at no cost and you'll get a few extra bodies at practice. Hopefully these friends sign up! We won't close registration for a few weeks into the season so there is still time!

GET THE PARENTS/GUARDIANS INVOLVED

If you have parents/guardians or family members who come and sit on the sidelines to watch practice, get them involved! The players will love having their family members participate in the activities and it creates extra bodies on the field.

JUMP IN AS COACHES

Just as we get our parents/guardians to jump in, when you jump in and participate, it makes the experience super fun.

SELECT THE RIGHT ACTIVITIES

You may have to adjust your practice schedule to pick games that are tailored for smaller numbers. Take a look through the game cards for some other games and activities you can do. Additionally, once you get to full flag rugby, consider doing 3v3 (coaches included), or running unopposed for offense and defense. Once we get to game day, we'll put them with other players so they will be ready to play!

KEEP A POSITIVE ATTITUDE

It is only awkward and negative if you make it awkward and negative. The more positive you can be when the players show up and throughout the practice, the less parents/guardians and players will be concerned about the numbers. Just keep in mind that some parents/guardians may be concerned, but we don't want the players to see or feel that.



Maximize Your Practices



A GOOD COACH CAN CHANGE
A GAME. A GREAT COACH
CAN CHANGE A LIFE.

JOHN WOODEN